



**PRESS RELEASE
FOR IMMEDIATE RELEASE**

Sable Provides Update on Mining and Milling Operations at Shasta

Vancouver, British Columbia, Canada, November 27, 2008.

Sable Resources Ltd. (TSX.V: SAE) is pleased to provide shareholders with an update on operations at the Company's 100% owned Shasta mine. The Company commenced development and rehabilitation of its mill, infrastructure and underground mineralized zones in the third quarter of 2007. Operations are in the process of being suspended for the winter months in order to evaluate this past year's results, and avoid the higher operating costs associated with the coldest months of December and January. The Company plans to resume operations during the first quarter of 2008.

The Company has experienced intermittent production suspensions by government regulators in order to address regulatory compliance requirements. Prior to the start-up in 2007, the mill had been operated intermittently since its initial construction in 1981, and the regulations and requirements have expanded and changed since then. As a result, numerous compliance related changes had not been implemented prior to the start of operations. During the past year while the Company has been developing its underground operations and completing rehabilitation on its mill the Company has addressed most of these issues and intends to complete any remaining requirements in due course. The Company is currently in discussions with Ministry officials to address any further regulatory requirements. The results of this were costs in excess of what the Company had budgeted for production.

During the past year the Company has made significant improvements to its existing operations and infrastructure including: 800 metres in development work underground to develop existing mineralized zones; a bulk sample extraction from an underground test stope; raising the capacity of the tailings impoundment, which will allow for several years worth of future production to be stored; new liners and lifters in the ball mill; new shaft in the cone crusher; and electrical and other improvements to meet new regulatory compliance requirements.

Currently, the mill is processing the last mineralized material mined from the underground operations. During the past several months, the focus of the underground development work had been the extraction of an approximately 8,000 tonne bulk sample taken from a test stope. This in addition to mineralized development material that has been processed through the Company's mill resulting revenues of \$1.8 million as of September 30, 2008 from the sale of gold/silver dore recovered prior to the processing of the bulk sample. The Company currently has several thousand tonnes of mineralized material in the system, in addition to recent sales from the processed stoped material which will be sold and/or recognized during the fourth quarter of 2008.

About Sable Resources Limited: <http://www.sableresources.com>

Sable Resources is focused on the development and exploration of its gold and silver related properties in the Toodoggone region of northern British Columbia. Sable owns a modern, fully-permitted 20-tonne per day mill and supporting infrastructure.

For More Information Contact:

Melvyn Rahal, President & C.E.O.

info@sableresources.com

Tel: (604) 685-8565

Fax: (604) 685-7625

1290 – 625 Howe Street

Vancouver, BC V6C 2T6

Or visit <http://www.sableresources.com/>

This document contains certain forward looking statements which involve known and unknown risks, delays and uncertainties not under the corporation's control which may cause actual results, performance or achievements of the corporation to be materially different from the results, performance or expectation implied by these forward looking statements. The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release.