



**PRESS RELEASE
FOR IMMEDIATE RELEASE**

SABLE RESOURCES - MILLING COMMENCED

Vancouver, British Columbia, Canada, February 28, 2008, Sable Resources Limited (TSX.V: SAE) is pleased to announce that it has commenced production at the Company's wholly owned Baker Mill. Underground development at the Shasta Mine has been completed to access three levels. Mineralized material is currently being extracted from multiple working faces.

Milling operations have commenced at a current rate of 170 tons per day. The Company expects to begin pouring dore shortly.

Over the next two quarters the Company anticipates refining operations to improve throughput and efficiency. Historically, the Baker Mill has operated up to 250 tons per day with recoveries averaging 90% for silver and 93% for gold.

The Company looks forward to providing its shareholders with a more detailed update on operations once revenues are commenced from the sale of dore.

About Sable Resources Limited: <http://www.sableresources.com>

Sable Resources is focused on the development and exploration of its gold and silver properties in the Toodoggone region of northern British Columbia. Sable owns a modern, fully-permitted 250-ton per day mill and supporting infrastructure.

For More Information Contact:

Melvyn Rahal
info@sableresources.com
President & C.E.O.
(604) 685-8565
Suite 1290, 625 Howe Street
Vancouver, BC V6C 2T6

Or visit <http://www.sableresources.com/>

This document contains certain forward looking statements which involve known and unknown risks, delays and uncertainties not under the corporation's control which may cause actual results, performance or achievements of the corporation to be materially different from the results, performance or expectation implied by these forward looking statements.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release.