

## **Sable Resources – October 2010 Operating Results of 700 ounces of Gold equivalent**

VANCOUVER, British Columbia, November 16, 2010 – Sable Resources Ltd. (TSX-V: SAE) (the "Company") is pleased to provide the following update on the operating performance for October 2010. For the month of October the mine had produced approximately 700 ounces of gold equivalent (based on a 1:56 gold to silver ratio) contained in dore resulting in over CDN\$925,000 revenue. Monthly operational costs are approximately \$600,000. Octobers' positive cash flow allowed the Company to purchase additional equipment, specifically, a 3.5 yard scoop tram, single boom jumbo drill as well as additional improvements to the mill. These capital equipment items will add further redundancies to the mill and site, thereby increasing efficiencies and productivity output on a go-forward basis.

### **About Sable Resources Ltd**

Since 1989, Sable has focused on the Toodoggone Gold/Silver Project - mining and producing gold and silver from the Shasta and Baker properties. Operations have been from surface workings and underground developments on both properties. The mine and mill are fully-permitted by the Province of British Columbia.

Mineral processing takes place at the 250 ton-per-day mill. The Baker mill was commissioned for DuPont of Canada in 1980 by Kilborn Engineering (Vancouver). The mill allows the production of either a flotation concentrate to be exported for additional refining, or on-site production of gold and silver dore bars.

### **Further Information:**

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