



**PRESS RELEASE
FOR IMMEDIATE RELEASE**

“Sable to diamond drill high grade ridge zone”

Vancouver, British Columbia, Canada, October 10, 2006, Sable Resources Limited (TSX.V: SAE) is pleased to announce that diamond drilling will commence today. The focus for this phase of drilling will be on the Ridge Zone. The Company had completed a 3D Induced Polarization program on the Ridge Zone which delineated several resistivity and chargeability anomalies. Three drill holes were completed during the first phase drill program earlier this year on this Zone where anomalous gold, silver and copper values were intersected.

During previous prospecting on the Ridge Zone, the Company took approximately 25 grab samples over an area of approximately 150 metres by 200 metres. All samples were anomalous in gold and silver. A few of the significant results include:

GOLD	SILVER
6.1 oz/t (210.3 g/t)	56 oz/t (1,931 g/t)
3.5 oz/t (120.7 g/t)	7 oz/t (241 g/t)
12.6 oz/t (434.5 g/t)	300 oz/t (10,344 g/t)
5.2 oz/t (179.3 g/t)	113 oz/t (3,896 g/t)
2.0 oz/t (68.9 g/t)	10 oz/t (344 g/t)
10.8 oz/t (372.4 g/t)	362 oz/t (12,482 g/t)

A metallurgical test was conducted on half of a 55 pound sample which yielded assay results of 7.451 oz/t gold and 124 oz/t of silver and 0.29% copper, showed the ore to be amenable to the Company's existing mill and processes.

The Ridge Zone is located approximately 2 kilometres from the Company's mill and near the two high grade gold-silver ore bodies previously mined and milled, by DuPont Canada and Sable Resources.

The Company is encouraged by the previous results and the potential for the Ridge Zone. The proximity of the Ridge Zone to the A and B vein give us confidence there are other high grade gold-silver deposits in the area to be found.

About Sable Resources Limited: <http://www.sableresources.com>

Sable Resources is focused on the development and exploration of its Shasta and Chappelle Properties in the Toadoggone region of northern British Columbia. Sable owns a modern, fully-permitted 200-ton per day mill and supporting infrastructure.

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The stock Exchange has not reviewed and does not accept responsibility for the adequacy and accuracy of this news release.