



Suite 1290 – 625 Howe Street
Vancouver, B.C.
CANADA V6C 2T6

Phone: (604) 685-8565
Fax: (604) 685-7625
email: info@sableresources.com

www.sableresources.com

FOR IMMEDIATE RELEASE

Date: July 12, 2006

TSX-V Symbol: SAE

INVESTOR RELATIONS APPOINTMENT

Mr. Mel Rahal, President, announces that Sable Resources Ltd. has appointed Mr. Serge Comeau to provide investor relations and shareholder communications services to the Company.

Mr. Comeau specializes in the representation of public companies in the resource and technology sectors. He will assist the company in gaining increased exposure to investors through the dissemination of corporate information to a network of on-line venues, brokerage firms, financial institutions and private investors. This initiative reinforces the Company's commitment to improve communications and information flow to its shareholders and the investment community.

The services agreement with Mr. Comeau is for a renewable six-month contract, subject to 30 days notice, at the monthly fee of \$3,000. Mr. Comeau has also been granted the option to purchase 100,000 shares in the capital stock of the Company, subject to the rules and policies of the TSX Venture Exchange.

ABOUT SABLE

Sable Resources is focused on the development and exploration of its Shasta and Chappelle Properties in the Toodoggone region of northern British Columbia. Sable owns a modern, fully-permitted 200-ton per day mill and supporting infrastructure.

For further information, contact Mr. Mel Rahal, President at (604) 685-8565, or via email at info@sableresources.com.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.