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FOR IMMEDIATE RELEASE

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EXPLORATION UPDATE

Melvin Rahal, President of Sable Resources Ltd., is pleased to report on progress to date at the Company's Shasta/Chappelle Project in the Toodoggone region of Northern British Columbia, Canada.

Shasta Property - Creek Zone

Britton Bros. Diamond Drilling Ltd. has completed 20 diamond drill holes (totaling 1,511 metres) at the Creek Zone of the Shasta Mine. This program is designed to follow up on previous exploration drilling along strike and down-dip of the open pit mining conducted by Sable in 2004 and 2005. Including previous drilling, the Creek zone structure has been drill tested over a strike length of over 800 feet. The Company is presently designing an underground mine plan for the Creek zone. All holes, as expected, encountered gold and silver values sub-parallel to the Shasta Fault. Assays were completed at the Company's on-site lab; results will be released following an independent quality control and check assay program being conducted at an independent laboratory. The Creek Zone program is managed by Mr. Ed Craft, P.Eng, a Director of the Company and Qualified Person for the purposes of National Instrument 43-101.

Chappelle Property - Ridge Zone

A three hole (495 metres) drilling program is now underway to test targets developed from a ground geophysics survey conducted by SJV Consultants in 2004. The 3-D Induced Polarization survey identified anomalous areas of high resistivity and high chargeability. The Ridge Zone has mineralization and structural characteristics very similar to the previously mined "A" and "B" veins which hosted 95,500 and 55,000 tons grading 0.9 and 0.65 ounces gold equivalent per ton, respectively. The Ridge Zone program is being conducted under the direction of Mr. W.A Howell, P.Geo., an independent Qualified Person for the purposes of National Instrument 43-101.

ABOUT SABLE

Sable Resources is focused on the development and exploration of its Shasta and Chappelle Properties in the Toodoggone region of northern British Columbia. Sable owns a modern, fully-permitted 200-ton per day mill and supporting infrastructure.

For further information, contact Mr. Mel Rahal, President at (604) 685-8565, or via email at info@sableresources.com.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.