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FOR IMMEDIATE RELEASE

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TSX-V Symbol: SAE

Sable Intersects 0.125 oz/t Gold and 3.61 oz/t Silver over 27.43 metres

Sable Resources Ltd. (TSXV: SAE) is pleased to present the final results of its 11 hole diamond drill program completed in the summer of 2005 in the Creek Zone. The Creek Zone is characterized by a well-defined stockwork with silicic and potassic alterations. Silver and gold occur in with quartz and calcite veins with fine-grained pyrite.

During the Company's 2004 drilling program mineralization not associated with the Shasta Fault was found below the fault and to a depth that has not been previously tested. The drilling was designed to test the extent and consistency of this new mineralized zone and the mineralization associated with the fault such that additional ore reserves can be delineated.

Highlights of the drilling, tabulated below, include 0.125 ounces of gold per ton and 3.61 ounces silver per ton over 27.43 metres. The zone remains open to expansion at depth, and along strike in both directions.

The holes were all tested for both the hanging wall ore zone associated with Shasta Fault and the stockwork zone, with only hole 05-10 being barren in the hanging wall zone.

Shasta Creek Zone Diamond Drilling Results					
Hole No	From (metres)	To (metres)	Length (metres)	Gold (ounces/ton)	Silver (ounces/ton)
#05-06					
HW Zone	43.13	44.20	1.07	0.004	0.23
Stockwork	55.66	73.76	18.1	0.127	5.84
#05-07					
HW Zone	40.23	44.96	4.73	0.080	2.99
Stockwork	50.98	54.41	3.43	0.341	5.45
#05-08					
HW Zone	43.89	46.33	2.44	0.047	3.11

Shasta Creek Zone Diamond Drilling Results					
Hole No	From (metres)	To (metres)	Length (metres)	Gold (ounces/ton)	Silver (ounces/ton)
Stockwork	60.05	87.48	27.43	0.125	3.61
#05-09					
HW Zone	56.08	59.13	3.05	0.067	6.62
Stockwork	69.19	87.48	18.29	0.117	4.98
#05-10					
Stockwork	81.53	85.95	4.42	0.221	7.39
#05-11					
HW Zone	66.37	66.98	0.61	0.021	0.93
Stockwork	82.90	95.10	12.20	0.046	1.44

The drilling demonstrates the continuous nature of the stockwork zone. The 11 hole program intersected the stockwork zone over a strike length of 16 sections representing 10 metres each. Each section is estimated to be approximately 15,000 tons, 3 sections have been drilled extensively, section 7160 has 6 drill holes, section 7170 has 5 drill holes and section 7180 has 6 drill holes. The width of the zone varied from between 4 metres to 27 metres which represents good mining widths.

NQ size drill core is delivered to the core shack by the drill contractor, Britton Brothers. Assaying was conducted on split NQ sized half core sections in the Company's laboratory using conventional fire assay procedures. Ten random check assays were sent to International Plasma Labs Ltd. in Vancouver to verify the in house prepared assays. The results between the check assays were consistent with those prepared in house. The drilling program was supervised by Bruce Spencer, Engineer, retired. Ed Craft, P.Eng., director of the Company is serving as the Company's Qualified Person for the purposes of this news release.

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The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.