



**PRESS RELEASE
FOR IMMEDIATE RELEASE**

Sable Resources – September 2010 Operating Results

VANCOUVER, British Columbia, October 26, 2010 – Sable Resources Ltd. (TSX-V: SAE) (the "Company") is pleased to provide the following update on the operating performance for September 2010. For the month of September the mine had produced approximately 750 ounces of gold equivalent (based on a 1:60 gold to silver ratio) contained in dore resulting in over CDN\$900,000 revenue. Monthly operational costs are approximately \$600,000. September's positive cash flow allows the Company to purchase additional needed capital items to sustain and enhance future production.

"As part of our corporate initiatives to Investor Relations we are pleased to announce that moving forward Sable is committed to increasing our continuous disclosure of corporate activities on a more frequent basis. It is management's strategic responsibility to effectively communicate active two-way flow of information between the public and the investment community, in order to enable fair and efficient capital markets awareness and valuation," said Cameron MacDonald, Investor Relations.

About Sable Resources Ltd

Since 1989, Sable has focused on the Toodoggone Gold/Silver Project - mining and producing gold and silver from the Shasta and Baker properties. Operations have been from surface workings and underground developments on both properties. The mine and mill are fully-permitted by the Province of British Columbia.

Mineral processing takes place at the 200 ton-per-day Baker Mill. The Baker Mill was commissioned for DuPont of Canada in 1980 by Kilborn Engineering (Vancouver). The mill allows the production of either a flotation concentrate to be exported for additional refining, or on-site production of gold and silver dore bars.

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